

RLH & POTT TRAINEES		FOOT AND ANKLE ORTHOPAEDIC TEACHING TIMETABLE 2015		
Co-Ordinator: Mr Nima Heidari				
Date	Topics	Speaker	SpR	Venue
Tuesday 03/02/2015	BASICS: • Anatomy • Surgical approaches • Biomechanics • Gait	Mr Lee Parker	Suan Khor - F&A Surgical Approaches Sen Raja - Gait Cycle	Seminar room 10
Tuesday 10/02/2015	ASSESSMENT: • Clinical assessment – signs & symptoms • Clinical examination • Imaging	Mr Krishna Vemulapalli – Queens Dr Muaaze Ahmed		Seminar room 10
Tuesday 17/02/2015	No teaching			Princess Alexandra Lecture theatre 14:45
Tuesday 24/02/2015	RLH Audit Meeting			Seminar room 10
Tuesday 03/03/2015	PES PLANUS AND PES CAVUS • Pes Planus • Pes Cavus	Miss Natasha Hussain	Mr Nick Aresti	Seminar room 10
Tuesday 10/03/2015	TENDO ACHILLES • Disorder of the Tendo Achilles • Achilles Tendon rupture the assessment and approach to Heel pain	Mr Lee Parker Mr Derek Park	Shilpa Jha: Update on the evidence of conservative Vs Operative treatment	Seminar room 10
Tuesday 17/03/2015	Arthritis • OA Ankle • OA of Hind foot (STJ, CCJ, TNJ) • Mid foot OA • Inflammatory Arthritis	Prof Ali Jawad	Maureen Monda: Ankle arthritis Update on evidence of Ankle replacement Vs fusion Kalpesh Rvaghela: Osteoarthritis of the foot (subtalar OA + 1st MTPJ)	Princess Alexandra Lecture theatre 14:45

Tuesday 24/03/2015	RLH Audit Meeting			Seminar room 10
Tuesday 31/03/2021	Sports injuries • Ligaments • Talus OCD • Ankle arthroscopy	Mr R Thomas	Sarah Rubin - Ankle instability (chronic and Acute)	Seminar room 10
Tuesday 07/04/2015	Trauma of the Ankle • Pilon • Ankle	Mr Peter Bates - pilon fracture TBC	Jag Singh: ANKLE FRACTURES (classification, treatment in young patient, elderly - Hindfoot nail, diabetic, Evidence on treating Posterior mal) Evidence on Posterior Mal, fibula nail)	Seminar room 10
Tuesday 14/04/2015	Mini C-arm training Royal London Hospital			Seminar room 11
Tuesday 21/04/2015	Trauma of the Foot • Calcaneus (NH) • Lisfranc (Krish V)	Mr K Vemulapalli	Rishi Dhir: calcaneum fractures	Seminar room 3
Tuesday 28/04/2015	RLH Audit Meeting			
Tuesday 05/05/2015	FOOT PATHOLOGIES • Diabetic foot • Paralyzed (neuropathic) foot	Mr. Mike Oddy - UCLH	Lucky Jeyaseelan - (topic to be confirmed)	Seminar room 03
Tuesday 12/05/2015	PHYSIOTHERPAY / REHAB / ORTHOTICS • Physiotherapy Orthotics	Andrew Bennet		Seminar room 11
Tuesday 19/05/2015	How to learn basic science (FRCS preparation)	Mr Manoj Ramachandran Mr Tom Nunn		Seminar room 11
Tuesday 26/05/2015	F&A surgical approaches (RLH audit cancelled)	QMU		Seminar room 11

Tuesday 02/06/2015	- Compartment syndrome Hindfoot nail paper CT to check syndesmosis reduction Tight ropes Vs Screws	Three Spr Lecture Supervised ny Mr Nima Heidari – RLH	Zac Silk: CT paper Simon Flemming: Hindfoot nail paper Rishi Dhir: compartment syndrome	Seminar room 03 & 04
Tuesday 09/06/2015	WORK SHOP ON SAW BONES		rightmedical +/- Stryker	Seminar room 03 & 04
Tuesday 16/06/2015	Forefoot • Hallux Valgus • Hallux rigidus • Lesser toe problems	Mr N Heidari – RLH		Seminar room 03 & 04
Tuesday 23/06/2015	Foot and ankle Viva	Mr Heidari – RLH Mr Vemulapalli - Queens		Seminar room 03 & 04
Tuesday 30/06/2015	RLH Audit Meeting RLH Consultant Meeting			Seminar room 03 & 04